

BOARD OF EDUCATION

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ALVORD UNIFIED SCHOOL DISTRICT
All students will realize their unlimited potential

SUPERINTENDENT

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Resolution No. 48
RECOGNIZING MAY 2021 AS MENTAL HEALTH AWARENESS MONTH

WHEREAS, May 2021 has been designated National Mental Health Awareness month in the United States since 1949 by the Mental Health America organization; and

WHEREAS, mental health is essential to everyone's overall health and well-being; and

WHEREAS, all Americans experience times of difficulty and stress in their lives; and

WHEREAS, a focus on prevention and early intervention efforts could greatly reduce the number of children experiencing serious mental health conditions; and,

WHEREAS, spreading awareness of the importance of mental health can help people realize the many ways in which mental illness impacts them and those around them, and can provide the opportunity to learn about available services; and

WHEREAS, the Alvord Unified School District recognizes that educating our students with mental health concerns from toddlerhood through graduation requires commitment to meaningful collaboration with families and community members; and

WHEREAS, with effective treatment, those individuals with mental health and other chronic health conditions can recover and lead full, productive lives; and

WHEREAS, each business, school, government agency, healthcare provider, organization and citizen shares the burden of mental health problems and has a responsibility to promote mental wellness and support prevention efforts.

THEREFORE BE IT RESOLVED, the Alvord Unified School District Board of Education, does hereby proclaim, **May 2021** as "**Mental Health Awareness Month**," and recommits our educational community to increasing awareness and understanding of mental health, the steps our children, youth and adults can take to protect their mental health, and the need for appropriate and accessible services for all people, especially children and youth with mental health conditions.

ADOPTED AND SIGNED by

Lizeth Vega, President
Alvord Unified School District Board of Education



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