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**ALVORD UNIFIED SCHOOL DISTRICT**  
All students will realize their unlimited potential

**SUPERINTENDENT**

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**Resolution No. 42**  
**RECOGNIZING MAY 2022 AS MENTAL HEALTH AWARENESS MONTH**

**WHEREAS**, May 2022 has been designated National Mental Health Awareness month in the United States since 1949 by the Mental Health America organization; and

**WHEREAS**, mental health is essential to everyone's overall health and well-being; and

**WHEREAS**, all Americans experience times of difficulty and stress in their lives; and

**WHEREAS**, a focus on prevention and early intervention efforts could greatly reduce the number of children experiencing serious mental health conditions; and,

**WHEREAS**, spreading awareness of the importance of mental health can help people realize the many ways in which mental illness impacts them and those around them, and can provide the opportunity to learn about available services; and

**WHEREAS**, the Alvord Unified School District recognizes that educating our students with mental health concerns from toddlerhood through graduation requires commitment to meaningful collaboration with families and community members; and

**WHEREAS**, with effective treatment, those individuals with mental health and other chronic health conditions can recover and lead full, productive lives; and

**WHEREAS**, each business, school, government agency, healthcare provider, organization and citizen shares the burden of mental health problems and has a responsibility to promote mental wellness and support prevention efforts.

**THEREFORE BE IT RESOLVED**, the Alvord Unified School District Board of Education, does hereby proclaim, **May 2022** as "**Mental Health Awareness Month**," and recommitts our educational community to increasing awareness and understanding of mental health, the steps our children, youth and adults can take to protect their mental health, and the need for appropriate and accessible services for all people, especially children and youth with mental health conditions.

APPROVED AND ADOPTED this 21<sup>st</sup> day of April, 2022.

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Julie Moreno, President  
Alvord Unified School District Board of Education



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