

## How to Engage Our Young People In Educational Activities in an At-Home/Out-Of-School Setting

- **Brief Discussion on Engagement and Participation**
  - What this looks like in different age groups, varying learning styles, etc.
- **Creating Excitement and Enthusiasm Around Learning**
  - How to promote and encourage conversations, buy-in, investment, willingness to try, etc.
- **Redirecting Off-Task Behavior and Transition into/from an Activity**
  - Parent friendly ways to redirect and transition to a more educational activity
  - Reminder there is an opportunity to learn in all of our interactions
  - Transition activities to switch into more intentional mindset
- **Pivoting/Adapting/Flexibility/Patience**
  - Support on what to do when an activity just does not go as planned
  - Fun ways to adapt
  - Importance of flexibility and patience (with ourselves and our young people)
- **Sample Activity**
  - Run through of an activity to give real-life experience and promote better understanding
- **Review of Items Discussed and Resources**
  - Quick recap
  - Handout (if feasible and helpful) of potential resources (websites, books, etc.)
- **Q & A**
  - Opportunity for parents/guardians/caretakers to ask follow-up questions
  - Guided questions provided if Q&A is lacking