

## COURSES OF STUDY

The Board of Education recognizes that a well-articulated **aligned** sequence of courses fosters academic ~~progress~~ **growth** and provides for the best possible use of instructional time. The District's course of study shall provide students with opportunities to attain the skills, knowledge, and abilities they need to be successful ~~in school, college, and the workplace~~ **academically, professionally, and personally**.

(cf. ~~601~~ **6011** – Academic Standards)

(cf. 6141 - Curriculum Development and Evaluation)

(cf. 6161.1 - Selection and Evaluation of Instructional Materials)

The Superintendent or designee shall establish processes for ensuring the articulation of courses across grade levels within the District. ~~and, as~~ **As** necessary, ~~the Superintendent or designee~~ shall work with representatives of appropriate area districts and postsecondary institutions to ensure articulation of courses with other institutions to which district students may matriculate. The sequence of courses shall be designed to ensure that each course provides adequate preparation for the next course in the sequence, **only utilizes prerequisites that are essential to success in a given program or course**, avoids significant duplication of content, and allows for reinforcement and progression in the subject matter.

**The district shall not provide any course separately on the basis of sex, sexual orientation, gender, ethnic group identification, race, ancestry, national origin, religion, color, or mental or physical disability or require or refuse participation by any of its students on any such basis. (5 CCR 4940)**

(cf. 0415 - Equity)

(cf. 5145.3 - Nondiscrimination/Harassment)

## Elementary Grades

The Board shall adopt a course of study for elementary grades that sufficiently prepares students for the secondary ~~school~~ course of study.

(cf. 6146.5 - Elementary/Middle School Graduation Requirements)

## Secondary Grades

The District shall offer all otherwise qualified students in ~~secondary~~ grades **6-12** a course of study that, ~~upon graduation from high school~~, prepares them, **upon graduation from high school**, to meet the requirements and prerequisites for admission to California public colleges and universities and/or **to** attain entry-level employment skills in business or industry. (Education Code 51228)

~~The Superintendent or designee shall ensure that all otherwise qualified students have a timely opportunity, within the four years before graduation, to enroll in each course necessary to fulfill the requirements and prerequisites for admission to California public colleges and universities prior to graduation from high school. (Education Code 51228)~~

(cf. 5121 - Grades/Evaluation of Student Achievement)

## COURSES OF STUDY (continued)

BP 6143(b)

(cf. 6141.5 - Advanced Placement)  
(cf. 6146.1 - High School Graduation Requirements)  
(cf. ~~6162.52 - High School Exit Examination~~)  
(cf. 6178 - ~~Vocational Education~~ Career Technical Education)

In addition, the course of study for ~~high school~~ **students in grades 9-12** shall include instruction in skills and knowledge for adult life ~~and~~, career technical training, and a timely opportunity for all otherwise qualified students to enroll, within four years ~~before graduation~~, in each course necessary to fulfill the requirements and prerequisites for admission to California public colleges and universities **prior to graduation**. (Education Code 51224, 51228)

The Superintendent or designee shall develop a process by which courses that meet **California** college admission criteria (referred to as “a-g” course requirements) are submitted to the University of California (~~UC~~) for review and certification. ~~He/she~~ **The Superintendent or designee** shall maintain an accurate list of all current ~~District~~ high school courses that have been so certified, ~~and~~ shall ensure that the list is provided annually to ~~each student~~ **all students** in grades 9-12 and ~~that their parents/guardians, and shall make~~ updated lists ~~are made~~ readily available. (Education Code 51229, 66204)

### Legal References:

#### EDUCATION CODE

33319.3 Driver education; CDE materials on road rage  
33540 Government and civics instruction in interaction with government agencies  
48980 Parental notifications  
51202 Instruction in personal and public health and safety  
51203 Instruction on alcohol, narcotics and restricted dangerous drugs  
51204 Course of study designed for ~~pupil's~~ **student's** needs  
51204.5 Social science instruction; history of California; contributions of various groups  
51210-51212 Course of study for grades 1 through 6  
51220-51229 Course of study for grades 7 through 12  
51241 Exemption from physical education  
51911-51921 Comprehensive health ~~educational plans~~ **education**  
51930-51939 ~~California~~ Comprehensive ~~S~~exual ~~H~~health and HIV/AIDS ~~P~~revention ~~Act~~ **instruction**  
51940 Curriculum for brain and spinal cord injury prevention  
~~53278-53280 Supplemental School Counseling Program~~  
60040-60052 Requirements for instructional materials  
66204 Certification of high school courses as meeting university admission criteria

#### HEALTH AND SAFETY CODE

11032 Definitions of dangerous drugs

#### CODE OF REGULATIONS, TITLE 5

~~4940~~ **4940** Nondiscrimination; course access  
~~10020-10049~~ **10043** Automobile driver education and training  
10060 Physical education program

#### UNITED STATES CODE, TITLE 20

~~6101~~ **6111**-6251 School-to-Work Opportunities Act of 1994

### Management Resources:

#### WEBSITES

CSBA: <http://www.csba.org>  
American Health Association: <http://www.heart.org>  
American Red Cross, Hands-Only CPR: <http://www.redcross.org/take-a-class>  
California Career Resource Network: <http://www.californiacareers.info>

## COURSES OF STUDY (continued)

BP 6143(c)

*California Colleges.edu: <http://www.californiacolleges.edu>*

*California Department of Education: <http://www.cde.ca.gov>*

*~~University of California, College Prep Online Courses and Services: <http://www.uccp.org>~~*

*California State University, Admission Requirements: [http://www.csumentor.edu/planning/high\\_school](http://www.csumentor.edu/planning/high_school)*

*University of California, a-g Course Submissions: <http://hs-articulation.ucop.edu/guide/update-your-a-g-list/submitting-courses>*

*University of California, List of Approved a-g Courses: <http://hs-articulation.ucop.edu/agcourselist>*

*Policy amended: 2021 date pending*

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Policy adopted: November 1, 2001

## COURSES OF STUDY

Grades ~~K~~ 1-6

Courses of study for grades 1 through 6 shall include the following:

*(cf. 6146.5 - Elementary/Middle School Graduation Requirements)*

1. English: ~~knowledge and appreciation of language and literature, and the skills of speaking, reading, listening, spelling, handwriting, and composition; knowledge and appreciation of language and literature~~ (Education Code 51210)

*(cf. 6142.91 - Reading/Language Arts Instruction)*

2. Mathematics: concepts, operational skills, and problem solving (Education Code 51210)

*(cf. 6142.92 - Mathematics Instruction)*

3. Social sciences: age-appropriate ~~materials drawn from~~ instruction drawing upon the disciplines of anthropology, economics, geography, history, political science, psychology, and sociology, with including instruction in: (Education Code 51210)

- a. The history, resources, development, and government of California and the United States, ~~including:~~

Instruction shall include the early history of California and a study of the role and contributions of both men and women, Native Americans, African Americans, Mexican Americans, Asian Americans, Pacific Islanders, European Americans, lesbian, gay, bisexual, and transgender Americans, persons with disabilities, and members of other ethnic and cultural groups to the economic, political, and social development of California and the United States, with particular emphasis on portraying the role of these groups in contemporary society. (Education Code 51204.5, 60040)

*(cf. 6141.2 - Recognition of Religious Beliefs and Customs)*

*(cf. 6142.3 - Civic Education)*

*(cf. 6142.94 - History-Social Science Instruction)*

- b. The development of the American economic system, including the role of the entrepreneur and labor
- c. The ~~individual's relation to~~ relations of persons to their human and natural environments
- d. Eastern and western cultures and civilizations
- e. Contemporary issues

- f. ~~The protection, conservation and wise use of natural resources, including the necessity for protecting the environment~~

*(cf. 6142.5 - Environmental Education)*

- 4. Science, ~~including~~ biological and physical ~~aspects~~ sciences, with emphasis on experimental inquiry and ~~the place of humans~~ ~~humanity's place~~ in ecological systems (Education Code 51210)

*(cf. 6142.93 - Science Instruction)*

- 5. Visual and performing arts: instruction in dance, music, theatre, and visual arts aimed at developing aesthetic appreciation and creative expression (Education Code 51210)

*(cf. 6142.6 - Visual and Performing Arts Education)*

- 6. Health: principles and practices of individual, family, and community health, including instruction at the appropriate grade levels and subject areas in: (Education Code 51202, 51210)

- a. Personal and public safety and accident prevention, ~~including with~~ instruction in emergency first aid, hemorrhage control, treatment for poisonings, resuscitation techniques, and cardiopulmonary resuscitation when appropriate equipment is available

*(cf. 6142.8 – Comprehensive Health Education)*

- b. Fire prevention

- c. ~~The protection and conservation of resources, including the necessity for the protection of the environment~~

- d. Venereal disease ~~(Education Code 51202)~~

*(cf. 6142.1 - Sexual Health and HIV/AIDS Prevention Instruction)*

- e. The effects of alcohol, narcotics, drugs, and tobacco upon the human body

*(cf. 5131.6 - Alcohol and Other Drugs)*

- ~~e. The protection and conservation of resources, including the necessity for the protection of the environment~~

- ~~f. Violence as a public health issue~~

- 7. Physical education, with emphasis on physical activities conducive to health and vigor of body and mind (Education Code 51210)

(cf. 6142.7 - Physical Education and Activity)

8. Violence awareness and prevention and as a public health issue

9. Career awareness exploration

(cf. 6178 – Career Technical Education)

## Grades 7-12

Courses of study for grades 7 - ~~through~~ 12 shall include the following:

(cf. 6146.1 - High School Graduation Requirements)

(cf. 6146.5 - Elementary/Middle School Graduation requirements)

(~~cf. 6162.52 - High School Exit Examination~~)

1. English: ~~speaking, reading, listening,~~ knowledge and appreciation of literature, language and composition, **and the skills of reading, listening, and speaking** (Education Code 51220)

(cf. 6142.91 - Reading/Language Arts Instruction)

2. Social sciences: age-appropriate **instruction drawing upon the disciplines of** ~~materials drawn from~~ anthropology, economics, geography, history, political science, psychology, and sociology, with instruction in: (Education Code 51220)
  - a. The history, resources, development, and government of California and the United States, including instruction in:
    - (1) The early history of California and a study of the role and contributions of both men and women, Native Americans, African Americans, Mexican Americans, Asian Americans, Pacific Islanders, European Americans, lesbian, gay, bisexual, and transgender Americans, persons with disabilities, and members of other ethnic and cultural groups to the economic, political, and social development of California and the United States, with particular emphasis on portraying the role of these groups in contemporary society (Education Code 51204.5)
    - (2) World War II, **and including** the role of Americans and Filipinos ~~in that war~~ **Americans who served in the United States Army during that time**
    - (3) The Vietnam War, including the "Secret War" in Laos and role of Southeast Asians in that war
    - (4) **The Bracero program, in which there was a 1942 agreement**

between the United States and Mexico authorizing the temporary migration of laborers to the United States

- b. The American legal system, the operation of the juvenile and adult criminal justice systems, and the rights and duties of citizens under the criminal and civil law and the state and federal constitutions

This course may include participation in a teen court or peer court program. (Education Code 51220.2)

(cf. 5138 - Conflict Resolution/Peer Mediation)

- c. The development of the American economic system, including the role of the entrepreneur and labor
- d. The relations of persons to their human and natural environments, including the wise use of natural resources (Education Code 51221)

(cf. 6142.5 – Environmental Education)

- e. Eastern and western cultures and civilizations
- f. Human rights issues, with particular attention to the study of the inhumanity of genocide (which may include, but is not limited to, the Armenian, Cambodian, Darfur, and Rwandan genocides), slavery, and the Holocaust
- g. Contemporary issues

(cf. 6141.2 - Recognition of Religious Beliefs and Customs)

(cf. 6142.3 – Civic Education)

(cf. 6142.94 – History-Social Science Instruction)

- 3. ~~World Foreign~~ language(s): understanding, speaking, reading, and writing, beginning not later than grade 9 (Education Code 51220)

(cf. 6142.2 – World Language Instruction)

- 4. Physical education, with emphasis on physical activities conducive to health and vigor of body and mind, as required by Education Code 51222 (Education Code 51220)

(cf. 6142.7 - Physical Education and Activity)

- 5. Science, including physical and biological sciences, aspects; with emphasis on basic concepts, theories and processes of scientific investigation and on humanity's the place of humans in ecological systems; and with appropriate applications of the interrelation and interdependence of the sciences (Education Code 51220)

(cf. 6142.93 - Science Instruction)

6. Mathematics; ~~including instruction designed to develop~~ mathematical understandings, operational skills, and ~~insight into~~ problem-solving procedures; algebra (Education Code 51220, 51224.5)

(cf. 6142.92 - Mathematics Instruction)

7. Visual and performing arts; ~~including art, dance, music, theatre, music or drama,~~ and visual arts, with emphasis upon development of aesthetic appreciation and the skills of creative expression (Education Code 51220)

(cf. 6142.6 – Visual and Performing Arts Education)

8. Applied arts; ~~including instruction in~~ consumer and homemaking education, family and consumer sciences education, industrial arts, general business education, or general agriculture (Education Code 51220)
9. Career technical/vocational-technical education: in the occupations and in the numbers appropriate to the personnel needs of the state and community served and relevant to the career desires and needs of students (Education Code 51220)

(cf. 6178 - Career Technical Education)

10. Comprehensive sexual health and HIV/AIDS prevention (Education Code 51225.36, 51934)

(cf. 6142.1 – Sexual Health and HIV/AIDS Prevention Instruction)

11. Personal and public safety, accident prevention and health, including instruction in: (Education Code 51202, 51203)
  - a. Emergency first aid; hemorrhage control; treatment for poisoning; resuscitation techniques; and cardiopulmonary resuscitation (CPR) when appropriate equipment is available (~~Education Code 51202~~)

Instruction shall be provided in compression-only CPR based on national guidelines and shall include hands-on practice. (Education Code 51225.6)
  - b. Fire prevention
  - c. The protection and conservation of resources, including the necessity for the protection of the environment
  - d. Venereal disease
  - e. The effects of alcohol, narcotics, drugs and tobacco upon the human body and upon prenatal development (~~Education Code 51203~~)



*(cf. 5131.6 - Alcohol and Other Drugs)*

*(cf. 6142.8 – Comprehensive Health Education)*

~~f. The protection and conservation of resources, including the necessity for the protection of the environment~~

f. Prenatal care

g. Violence as a public health issue

**12. Violence awareness and prevention**

**13. Ethnic studies**

In addition, the course of study for grade 7 and/or 8 may include parenting skills and education, **including, but not limited to** ~~that address at least all of the following:~~ (Education Code 51220.5)

1. Child growth and development
2. Parental responsibilities
3. Household budgeting
4. Child abuse and neglect issues
5. Personal hygiene
6. Maintenance of healthy relationships
7. Teen parenting issues
8. Self-esteem

*(cf. 5146 - Married/Pregnant/Parenting Students)*

~~High schools shall offer automobile driver education that includes instruction in: (Education Code 51220, 51220.1, 51220.4)~~

- ~~1. Vehicle Code provisions and other relevant state laws~~
- ~~2. Proper acceptance of personal responsibility in traffic~~
- ~~3. Appreciation of the causes, seriousness, and consequences of traffic accidents~~
- ~~4. Knowledge and attitudes necessary for the safe operation of motor vehicles~~

5. ~~The safe operation of motorcycles~~
6. ~~The dangers involved in consuming alcohol or drugs in connection with the operation of a motor vehicle (Education Code 51220.1)~~
7. The rights and duties of a motorist pertaining to pedestrians and the rights and duties of pedestrians pertaining to traffic laws and traffic safety

### Certification of College Preparatory Courses

The Superintendent or designee shall identify courses **that may qualify for designation as "a-g" college preparatory courses, including courses** in history-social science, English, mathematics, laboratory science, languages other than English, visual and performing arts, career technical education, and college preparatory electives ~~that may qualify for designation as "a-g" college preparatory courses. He/she~~ **The Superintendent or designee** shall submit ~~course~~ **any necessary** information **regarding each identified course** to the University of California (UC) ~~including, but not necessarily limited to, the course title, subject area, grade level(s), unit value, a brief course description, prerequisites and co-requisites, texts and supplemental instructional materials used in the course, whether the school is seeking designation of the course as an honors course, and whether the course is classified as a career technical education or regional occupational program course. He/she also shall electronically submit updates to UC whenever course content changes or a course will not be offered in a particular year~~ **for "a-g" designation.**

### Notification **and Information** to Students in Grades 9-12

At the beginning of each school year, the Superintendent or designee shall provide written notice to parents/guardians of students in grades 9-12 that, to the extent possible, shall not exceed one page in length and that includes all of the following: (Education Code 51229)

1. A brief explanation of the course requirements for admission to UC and the California State University (CSU)
2. A list of the current UC and CSU web sites that help students and their families learn about college admission requirements and that list high school courses that have been certified by UC as satisfying the requirements for admission to UC and CSU
3. A brief description of what career technical education is, as defined by the California Department of Education (CDE)
4. The Internet address for the portion of the CDE web site where students can learn more about career technical education
5. Information about how students may meet with school counselors to help them choose courses that will meet college admission requirements and/or enroll in career technical education courses

The Superintendent or designee shall provide information to students and parents/guardians regarding the completion and submission of the Free Application for Federal Student Aid (FAFSA) and/or the Dream Act application at least once before grade 12. (Education Code 51225.8)

*(cf. 5145.6 - Parental Notifications)*

*(cf. 6164.2 - Guidance/Counseling Services)*

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